



## **Detox/Inpatient Treatment Packing List**

**Patients may only bring one piece of carry-on sized luggage.**

### **What to Bring to Treatment:**

1. Two forms of identification (one should be a photo ID with date of birth)
2. All prescribed medications that can be taken in treatment, in the original bottle
3. A weeks' worth of comfortable clothing
4. Toiletries that do not contain alcohol. Liquids must be unopened and in an original/clear bottle
5. Cash. Patients may carry on their person during treatment up to \$10 but any additional cash brought to treatment will be kept with accounting
6. Tobacco must be in an un-opened container or package
7. Bringing a pre-paid phone card for pay phones is recommended
8. Books must be about recovery or spirituality

### **What Not to Bring to Treatment:**

1. Any substance that could cause an intoxicating effect
2. Drug paraphernalia
3. Items that could be considered a weapon
4. Food/drinks
5. Bedding/stuffed animals
6. Electronics (including cell phones)
7. Straight razors/hair trimmers
8. Exercise equipment
9. Musical instruments
10. Perfumes and aftershaves
11. Pornographic publications and materials such as sex toys or devices
12. Playing cards
13. Keys
14. Over-the-counter medication, topical creams, douches
15. Hats or sunglasses
16. Liquid detergent (pods of detergent are allowed or can be purchased)

Any valuable items brought to treatment will be at a patient's own risk. Leaving valuables at home is recommended.