



Detox/Inpatient Treatment Packing List

Patients may only bring one piece of carry-on sized luggage.

What to Bring to Treatment:

1. Two forms of identification (one should be a photo ID with date of birth)
2. All prescribed medications that can be taken in treatment, in the original bottle
3. A weeks' worth of comfortable clothing
4. Toiletries that do not contain alcohol. Liquids must be unopened and in an original/clear bottle
5. Cash. Patients may carry on their person during treatment up to \$10 but any additional cash brought to treatment will be kept with accounting
6. Tobacco must be in an un-opened container or package
7. Bringing a pre-paid phone card for pay phones is recommended
8. Books must be about recovery or spirituality

What Not to Bring to Treatment:

1. Any substance that could cause an intoxicating effect
2. Drug paraphernalia
3. Items that could be considered a weapon
4. Food/drinks
5. Bedding/stuffed animals
6. Electronics (including cell phones)
7. Straight razors/hair trimmers
8. Exercise equipment
9. Musical instruments
10. Perfumes and aftershaves
11. Pornographic publications and materials such as sex toys or devices
12. Playing cards
13. Keys
14. Over-the-counter medication, topical creams, douches
15. Hats or sunglasses
16. Liquid detergent (pods of detergent is allowed or can be our purchased)

Any valuable items brought to treatment will be at a patient's own risk. Leaving valuables at home is recommended.